

## Praying with Our Whole Bodies: When to Bow and Make the Sign of the Cross and How to Take Communion

Posture helps us be attentive and participate in worship. In prayer, as in many things, our minds can follow our bodies. Part of the glory of our tradition is that we engage all the senses (sound, sight, smell, touch, and taste) and one's whole person in our worship. We sit, stand, and kneel at various points in the liturgy. Many worshippers add other manual actions to help them focus in prayer. All of this can be confusing to the visitor or the long-time member.

One should always be mindful there is nothing particularly holy about any of the postures but they may help direct us to different ways to worship God or different aspects of the service. It should also be noted that sitting, standing, or kneeling should all be done as one is physically able. If praying with your whole body is helpful and directs you to be more attentive in worship towards God, please feel free but not obligated to do so. Fussiness is not helpful. Doing more stuff, in this case, does not make one more holy or spiritual. All of this falls under the old rubric or guideline *all may, some should, none must*.

Generally speaking, we sit to learn (lessons and sermons), stand to sing (hymn singing and some prayers), and kneel to pray (some prayers and receiving communion). The earliest Christians probably stood to pray but, being Episcopalians, we are more a both/and type of people with standing or kneeling for prayers. One may also stand or kneel to receive Communion.

### Bowing

Bowing is a sign of respect or reverence. Kneeling is simply a more pronounced expression of this intent. The times at Calvary some may bow in the service are...

- When the cross passed you in the procession at the beginning and end of worship.
- When passing in front of the Altar or leaving your pew to take Communion, a sign of reverence to the place we meet God in a special way in the Sacrament. Note: If one is carrying a chalice or cross or candle, the person traditionally does not bow but pauses briefly in front of the Altar.

- At the Gloria Patri (Glory to the Father, and to the Son, and to the Holy Spirit) at the conclusion of the psalm or some prayers or hymns.

- When the Gospel Book passes in procession.

- At the words "he became incarnate from the Virgin Mary and was made man" in the Nicene Creed.

- At the first two lines of the Sanctus (Holy, holy, holy).

- At the mention of the name of Jesus in the prayers (This is less common).



### Genuflection

Genuflecting (to genuflect) is a special form of a bow usually done to recognize the presence of Christ in the Sacrament on the Altar. If one wanted to do so, the times are exiting and returning to the pew before and after receiving Communion. One genuflects by dropping to the right knee with a slight bow of the head with hands to the side. The other time in the liturgy one might see a person genuflect, in place of a normal bow, is during the mention in the Creed "he became incarnate from the Virgin Mary and was made man." Genuflection is rarely done at Calvary.

### Sign of the Cross

Making the sign of the Cross is another way to pray physically. Traditionally, this is done with the right hand. Touch your forehead with the three longest fingers of your right hand (middle three), then the middle of your chest, then your left shoulder, then your right shoulder. At Calvary, some people make the sign of the Cross at some of the occasions below, but few do all of them.

—continued on the next page

–PRAYING from page 1

The times in the liturgy one traditionally makes the sign of the Cross are...

- At the opening acclamation (Blessed be God; Father, Son, and Holy Spirit).
- During the closing words in the Gloria ( ... in the glory of God the Father...).
- During the Nicene Creed (... We look for the resurrection of the dead...). This a reminder of God's promise for resurrection.
- During the Prayers of the People, when we pray for those who have died. This is not intended to be a superstition but a thanksgiving for those we love but see no longer. I silently name to God several specific people close to me who have died and make the sign of the Cross as a type of thanksgiving to God they were part of my life.
- When the priest pronounces God's forgiveness after the confession (... have mercy upon you, pardon and deliver you from all your sins...)
- During the Benedictus (Blessed is the one who comes in the name of the Lord) which follows the Sanctus (Holy, holy, holy).
- During the Eucharistic prayer at the elevation of the elements (bread and/or wine). This can be done when the bread is lifted or elevated, when the wine is elevated, and when both are lifted for all to see.
- During the Lord's Prayer at the words (... deliver us from evil). This is seldom done at Calvary.
- At the final blessing when the priest makes the sign of the Cross over the people or any times the priest does so.

At the announcement of the Gospel reading, one might see some people make the sign of the Cross in a different way. With a loose fist of the right hand and the thumb sticking out slightly, one takes the thumb and makes a small sign of the Cross on the forehead, then the mouth, then the chest. Before we hear the Gospel proclaimed, we are asking God to be in our minds, on our lips, and in our hearts.

All of these are times, within the tradition, that suggest special respect or reverence. Again, all may, some should, none must.

### Receiving Communion

There is no one, particularly holy or perfect, posture to receive Communion. One can stand, kneel, or be seated as the situation allows. Most choose to go the Altar Rail at the 11 a.m. service. When there is a service at the High Altar, Communion is offered at a station or location on the floor for those who prefer not to navigate steps. Either way is equally valid and appropriate. At 9 a.m., everyone receives Communion at a station.

To receive the bread, the most helpful way is to place one open hand on top of your other open hand to make a "throne" to receive the Sacrament of Christ in the bread.

Most people, probably because they are right handed, have the right hand on top but either is fine. Upon receiving the consecrated bread, promptly eat it. There is no need to say anything although Amen (meaning "I agree") is appropriate. If a wafer is dropped, the priest will consume it and give you a new one.

Gluten free wafers are available. Please ask a priest.

To receive the wine, gently grasp the bottom of the chalice to help guide the chalice to your lips, and take a sip. You may also choose not to grasp the chalice.

When you have received both the bread and wine, you are invited to return to your pew. At the High Altar, you will approach the Altar Rail from the middle aisle and exit to the side walking down the side aisles.

### Intinction

There is also a custom, practiced by many at Calvary, called intinction (to intinct). That is, one receives the bread but does not immediately consume it. Instead, one holds the wafer and then dips it into the wine in the chalice and then consumes it.

### A Final Word...

There is no need to overcomplicate worship or worry you are not doing everything right. An open heart and mind are what God desires. If any of this helps create that, use it. If not, at least you can appreciate why it is helpful for others to pray this way. ■



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## The Book of ACTS

The founding of the Christian Church  
and the spread of the Gospel

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The class on the Book of Acts meets in McClintic Hall (choir room) at 10 a.m. each week. It is led by the Rev. Jonathon Jensen and Mr. Chuck Esposito. The only text we are using is the actual book of the Bible itself which is 28 chapters.

We will have class each week through late April with occasional breaks. The next two Sundays without class will be November 13 (Holiday Bazaar) and November 27 (Thanksgiving weekend). All are welcome. ■

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The deadline for submission of news and notices for the next issue of *Agape* is **Friday, November 4, 2016**. Please e-mail your text to [calvary@calvarypg.org](mailto:calvary@calvarypg.org) or deliver it directly to the church office. ■

## Our Musical Gifts and Dr. Alan Lewis



At Calvary, we have one of the finest church choirs and director, Dr. Alan Lewis, in the country. With such familiarity and proximity, it is easy to forget how richly blessed we are and the treasures with which we are entrusted.

Week and year in and out, we celebrate the best of our musical heritage under

Alan's guidance and direction on Sundays, in concerts, in the festivals of Lessons and Carols, at requiem masses, in the hymns he chooses, his own settings of psalms, the anthems he directs, and the other musicians and programs he supports and nurtures. He brings out the best of a volunteer choir who sound like professional singers immersed in prayer. His recruitment of Jeremy Jelineck as our summer organist, while he was on sabbatical, further blessed our community.

In addition to his service at Calvary, Alan has been involved in key leadership positions in two of the main organizations for church musicians. He served on the board of the Association of Anglican Musicians from 2011-2016 and as its President from 2014-2016. AAM works to foster excellence in Anglican music throughout the Church enhancing our liturgy and supporting those who create it.

The current President of AAM wrote us a letter emphasizing Alan's faithful and excellent contributions to music and the organization and thanking us and Alan, on behalf of AAM, for his leadership. He wrote, "We like to think that the president brings credit to the church in which he is employed. Calvary Pittsburgh was certainly on everyone's radar before, but Alan has heightened its profile in musicians' consciousness. And to the extent that a church lends its musician to AAM for two years of heavy responsibility, we are grateful to Calvary for providing him to us "on loan."

Alan also served as the Dean (Head) of the Pittsburgh Chapter of the American Guild of Organists (AGO) from 2013-2015. The AGO is the professional organization that supports the advancement of church music and its musicians through community building, education, and performances. Several of their concerts have been held at Calvary.

Through his service to us and the Church and musical community nationally and locally, he has done Calvary very proud. Please join me in thanking Dr. Alan Lewis for his expert and faithful ministry to Calvary and the larger Church.

-Jonathon ■

[www.calvaryppgh.org](http://www.calvaryppgh.org)

## Endow Your Pledge Campaign

Many of us will soon begin the process of deciding which Pittsburgh nonprofits will receive our end-of-year gifts. This is also a great time to think about **your legacy**. A gift to Calvary in your will or estate plan, regardless of size, will help to ensure that Calvary's doors will remain open far into the future **to welcome all in the name of Christ** and enable our community to worship in the beauty of holiness.

In March, we launched the "Endow Your Pledge Campaign" and it will run through the end of this year. Our goal is to help with the long-term growth of Calvary's endowment. It is this endowment which has enabled us to navigate through the difficult times, including the 2008 recession. And, it is this endowment that will keep Calvary a vibrant and welcoming spiritual center for many years to come.

Our current endowment is about \$5 million and, in 2015, provided about \$250,000 in income for Calvary. The money was used to care for and maintain this magnificent structure and support the parish operations.

One couple, who endowed their pledge, recently said, "**We've attended Calvary for more than 20 years and always leave with a feeling of amazement!**" They attributed this to the preaching, music, and tremendous warmth of the Calvary community.

All who have included Calvary in their estate plans understand that it was the earlier generations of parishioners who generously created much of our current endowment. And now, it is our turn to contribute to and increase our endowment for future generations. If you are able, please consider endowing your pledge through your estate plans. This can be as simple as a bequest in your will, or, through the creation of a charitable gift annuity at The Pittsburgh Foundation. Thank you for giving prayerful consideration to this very important request. Please contact us with any questions.

Yours in Christ,

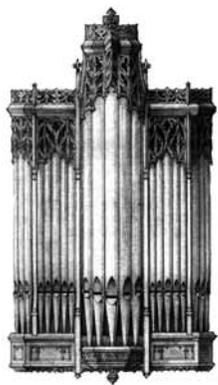
  
Jonathon Jensen  
Rector

  
Deborah Kelly  
Chair, Planned Giving  
dc1kelly@gmail.com

## Holy Baptism

We will celebrate the Sacrament of Baptism on **All Saints' Sunday, November 6** during the 11 o'clock service. If you have a child to be baptized on that day, or are an adult interested in being baptized, please contact The Rev. T.J. Freeman ([tjfreeman@calvaryppgh.org](mailto:tjfreeman@calvaryppgh.org)) as soon as possible. ■





It is a busy month for music at Calvary. On Friday, October 21, our new organ scholar, Zacchaeus Lock, and a fellow student of his from Franciscan University, Rose McGrath, will present a joint organ recital, at 7:30 p.m. Admission is free, and all are welcome. (This was originally scheduled for September, but was delayed by the damage done to the organ by a late-August lightning strike. Repairs are still on-going as I write, but a full recovery is anticipated shortly.)

The following evening, October 22, the Choir of Men & Boys of Hereford Cathedral, near the Welsh border, will present a concert at 8 p.m. This marvelous choir—some 18 boys and a dozen men—sings daily services in that thousand-year-old cathedral, as similar choirs have done there since the thirteenth century. Their program for us includes music by Tallis and Byrd, Benjamin Britten's delightful cantata, *Rejoice in the Lamb*, and the *Messe Solennelle* by Jean Langlais, punctuated by organ music by Bach and de Grigny. Tickets are available at the door or by way of the Calvary website. Please share this splendid concert with your music-loving friends!

On Friday, November 4, our annual observance of All Souls-tide continues with a liturgical presentation of the Requiem in A major by Heinrich Ignaz Franz Biber, a late-seventeenth-century Austrian composer. The piece is richly scored, with brass, oboes, and strings, as well as choir and soloists; the piece as a whole presents a much less somber surface than one generally finds in Requiem-masses, with radiant sonorities projecting the Church's faith in and hope for the life eternal. Chatham Baroque will be with us, along with other superb instrumentalists, to help realize it. Names to be included in the Necrology, or list of the departed, to be included in the Prayers that evening, may be submitted to Weezie Wells (lwells@calvarypgh.org) not later than Monday, October 31. I'll be discussing the Requiem and its music in the Adult Forum on Sunday, October 30.

And on Saturday, November 5, Chatham Baroque presents the next in their series of *Peanut Butter & Jam Sessions*, a very highly-regarded offering for preschool children and their parents, presented in association with Kindermusik instructor Lynda Wingerd in Calvary's McClintic Hall. The topic that day is, "Meet Miss Melody and Miss Harmony," and there are two show-times, 10 and 11:30 a.m.; each lasts 45 minutes. Tickets may be purchased at [www.chathambaroque.org](http://www.chathambaroque.org). ■

[www.calvarypgh.org](http://www.calvarypgh.org)



## The Choir of Men and Boys

Hereford Cathedral, United Kingdom

Saturday, October 22, at 8 p.m.

Doors open at 7 p.m.

Music by Byrd, Tallis, & Taverner,  
Britten's *Rejoice in the Lamb*,  
and the *Messe Solennelle* by Jean Langlais

Order Tickets Online: [www.calvarypgh.org](http://www.calvarypgh.org)  
or purchase at the door [cash or check payments only]

## HEINRICH IGNAZ FRANZ BIBER

# REQUIEM

IN A MAJOR

A Commemoration of  
All the Faithful Departed

Friday, November 4, 2016 at 7:30 P.M.

The Calvary Choirs sing the *Requiem in A* by Biber, a glorious piece with rich orchestral accompaniment, in its liturgical context



SUNDAYS AT 5 P.M.

# CANDLEMASS

Worship God in the beauty of holiness

All are welcome – Please join us

[www.CandleMass.org](http://www.CandleMass.org)

# STEWARDSHIP FAQs

Frequently Asked Questions



## **What is a stewardship pledge?**

A pledge is a promise or intention to support Calvary's mission and ministry financially. An annual pledge is a commitment to support Calvary for one calendar year. The church's budget follows the calendar year.

## **Why do we pledge?**

To give thanks to God for our life and blessings, to cultivate a spirit of generosity, to support Calvary's mission and ministry, to plan the annual parish budget, and to help make the city a more just community for all.

## **How do I pledge?**

Complete a signed pledge card, available at most of the entrances to church and in the office, and give it to a priest or drop it in the offertory plates on Sunday.

## **How is the money from pledges utilized?**

The vestry (board) of Calvary sets a budget, of about \$1.5 million, they and staff do their best to follow. The budget is simply a plan for us to carry out our mission as a community that anticipates revenues and expenses including outreach, music, staff compensation, and care of the building, everything from the heat bill to sending a child to Calvary Camp.

## **What are Calvary's sources of income?**

About 66% comes from pledges of all sizes. Each gift matters. About 17% comes from our endowment income. The remaining 17% comes from special contributions, gifts in the offertory plates, and income from the Beginnings Pre-School program. Almost every dollar from the pre-school goes directly back into the school.

## **How many families pledge to support Calvary?**

About 350 families have completed a signed pledge card. Others give regularly when they are at church. A family is one or more persons in the same household.

## **To become a member do I have to pledge or do you assess a fee like a club?**

No. A pledge is not required to be a member but most people choose to support Calvary, at the level they can, because Calvary and our ministry are important to them.

## **How much should I pledge?**

The biblical model is to share the first ten percent as a reminder all our gifts come from God. The rector's family tithes or gives away ten percent of their income (after taxes) to charity with the majority of that going to Calvary. There is no minimum amount but it is important to give what you are able.

## **Is a pledge legally binding? What happens if I cannot fulfill it?**

No. Sometimes circumstances change. A loss of a job or move out of town or an unexpected change in income may make you decide to raise or lower the pledge. It may be adjusted during the year.

*-continued on the next page*

(Stewardship FAQ continued)

**How do we pay our pledge? Weekly, monthly, all at once, or another way?**

Some pay all at once at the beginning or end of year by check or gift of stock but most pay weekly or monthly by check. An increasing number of people have an automatic bank withdrawal for convenience. This is also very helpful to the church so income remains steady throughout the year. Many people, like the rector's family, like to put a portion of their annual gift in the offertory plate when they are at church. There are envelopes provided for this.

**Is the amount I pledge kept confidential?**

Yes. The amounts pledged and given are kept confidential but we do publish a list, without amounts, of those who have supported the church for this year. Only the rector, treasurer, stewardship committee chair, and the director of finance have access to the pledge records.

**Are the annual appeal, the stewardship campaign, the stewardship drive, and the pledge campaign the same or different things?**

These terms are often used interchangeably to refer to Calvary's annual fundraising efforts to create and support our budget. *The Gifts of God for the People of God* is the name given to the theme for this year's annual stewardship campaign.

**Are my gifts to Calvary tax deductible?**

Yes. The Director of Finance on Calvary's staff, Lynda Kennedy, can provide giving statements for tax purposes and address any questions you may have about your pledge or giving at Calvary. She may be contacted at 412.661.0120, ext. 113, or email lkennedy@calvarypgh.org.

**Is stewardship just about money?**

No. In the fullest sense, stewardship is about caring for our being good stewards of all our resources and gifts. All of us are called to offer our time, talent, and treasure to help us deepen our mission to serve God and our neighbors in our community.

**What is the Saint Michael's Society?**

This is the planned giving ministry at Calvary. Its purpose is to provide support for the long-term future of Calvary's mission. One becomes a member of the St. Michael's Society by notifying the church, in writing, that Calvary is a beneficiary of one's estate plans. We host several informational events throughout the year. About forty families are members of the St. Michael's Society or have named Calvary as a beneficiary in their will. ■



## Beginnings News

The 2016–17 school year is off to a fantastic start at *Beginnings*. On September 7, fifty four children between the ages of 18 months and five years old came, together with their parents, for the first day of school. *Beginnings* continues to attract families from around the globe. Walking through our hallways you can hear a medley of languages being spoken including Korean, Mandarin, Japanese, Italian, French, Spanish, German, Arabic, Hindi, Sinhala, and English too, of course. Because of the diverse group of students that attend *Beginnings*, we have always asked parents to fill out a Home Language Survey to help us better understand our students. This year, a parent wrote “LOVE” in response to the question, “What languages are spoken in your home?” What a wonderful reminder of the common language that brings us all together no matter our differences. We are looking forward to a year full of love and learning!

Your friend, Ann ■

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## Metroburgh Magazine Ceases Operation

Metroburgh Magazine, a quarterly supporting the LGBT community of metro-Pittsburgh is ceasing publication after four issues. Calvary was an early supporter through ads and other means and featured prominently in two of the issues.

Calvary received this kind letter from the Publisher: “You are one of the few who got how important MetroBurgh was to uniting, connecting and improving the LGBT community. LGBT support organizations with larger budgets didn't even offer proportionally half the support your church offered. I really appreciate your support.” ■

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**Saturday, November 5, 2016:**

**“Meet Miss Melody and Miss Harmony”**

Shows at 10 and 11:30 a.m. Tickets are on sale now through Chatham Baroque: [chathambaroque.org](http://chathambaroque.org); 412.687.1788. ■



Women of Calvary  
**2016 Holiday Bazaar**  
Saturday, November 12, 10 a.m. – 3 p.m.

The Bazaar is only a few short weeks away! We invite you to join in the fellowship and fun by donating your gently-used items, baked goods, hand-made crafts, and creativity. Please contact the sales area Chairperson (see other side) with questions, or Marsha Morris if pick-ups are needed at 412-661-0120, extension 111 (secretary@calvary.org). Here's an update from the various sales areas:

**\* JEWELRY \***

The Jewelry sales area is well-known for its outstanding selection and values. We are hoping to present a great array again this year! Please go through your jewelry box to see what you can donate and deliver your treasures to the reception desk by Friday, November 11.

**\* ATTIC TREASURES \***

The Attic Treasures Committee asks that you donate quality items that are no longer of use to your household. Specific items we'd like are: Lamps, China, Silverware, Framed Art, Sporting Goods, Toys, Christmas Decorations, Small Appliances in working order, Cloth Napkins, Placemats, Small Decorative Clocks, Table Coverings, Small Unique Garden Items, and Small Furniture. If you wish to donate a larger item, take a photo of it and provide the photo to us along with your name, phone number and the item's asking price. We'll post it on the "FOR SALE BOARD" located outside the Attic Treasures room. Once you sell it, send us a check, payable to Women of Calvary Holiday Bazaar. We can't accept draperies or TV's. Donations are needed by Noon, Thursday, November 10.

**\* NEW TO YOU ROOM \***

The very popular New to You Room needs higher quality new (in original wrappings) or gently-used items. Please drop off your donations at the church November 7 thru Noon, Thursday, November 10 marked "For New to You Room."

**\* NATURE'S GIFTS \***

We have a beautiful assortment of holiday wreaths and decorative items ready for the Bazaar. However, we'd love your donations of garden ornaments, decorative containers for small plants and garden-related items such as small scissors for dead-heading, cute watering cans, etc. We do not want dried plants, dried hydrangeas, or gardening books and magazines, as they don't sell well.

**\* SILENT AUCTION \***

We are continuing to accept donations for the Silent Auction! We are looking for extra tickets to cultural or sporting events, donations of lunch at your club or a week at your summer or winter retreat. Do you have any art work or good decorative items you can part with? We are also looking for "theme gift baskets" such as: Children's Books and/or Toys, Teacher's Gift, Chef's, Newborn, etc. Put your creativity to work to help the Silent Auction! Call Sandy Ekstrom to discuss if you wish to donate.

**\* BAZAAR BOUTIQUE \***

The Bazaar Boutique needs your donations! We're accepting all fine silk scarves and ties, along with good quality, gently-used belts, gloves, sun glasses, fun socks, wraps and picture frames. Please bring your donations to Calvary no later than Friday, November 11.

**\* FINE LINENS \***

We are looking for antique and fine linens. If you have tablecloths, placemats, pillowcases, hand towels or handkerchiefs in good condition to donate, please drop them off at Calvary no later than Friday, November 11.

**\* HANDMADE ITEMS \***

The Handmade Table would love to receive your handmade items for this year's Bazaar! We are looking for handmade scarves, sweaters, gloves, and hats in both adult and children's sizes. Other hand-crafted items such as jewelry, purses, potholders, washcloths, placemats, basket liners and wooden items (puzzles and toys) are also good sellers. Steelers items always sell quickly. Please leave your donations in the mail room at church as early as possible by Friday, November 11.

**\* BAKED GOODS \***

It's not too early to start baking for the Bazaar! Almost anything you bake can be frozen and then delivered to the church on Friday, November 11 before 4 p.m. or as early as possible the morning of the Bazaar. If your baked goods have received rave reviews during Coffee Hour, we'd especially love to sell them during the Bazaar! We'll be happy to repackage your baked goods for sale. Please mark "For Baked Goods" and leave in the kitchen or place in the refrigerator. Call Susie Prentiss if you'd like to bake pumpkin rolls.

**\* GOURMET FOODS \***

We are asking members to contribute your special homemade gourmet foods! Popular sellers include gourmet sauces, dried soup mixes, dips, jellies, jams, fudge, tapenades, herbs, marmalades, chutneys, compotes, pestos, spreads, gift baskets, spiced nuts, preserves, appetizers, quiche, soup, salad dressing, chocolate sauce, spaghetti sauce and candy. We are also looking to sell your favorite special cookbooks which you no longer need. Perishable items should be frozen, marked "Gourmet Foods," and delivered to the kitchen refrigerator, along with non-perishables to the church, by Friday, November 11 at 5 p.m.

**In 2015, thirteen organizations helping women and children in the East End of Pittsburgh received the net proceeds from the 2014 Women of Calvary Holiday Bazaar. Let's make the 2016 Holiday Bazaar the best ever!**

*—continued on the back*

**Women of Calvary**  
**2016 Holiday Bazaar**  
**Saturday, November 12, 10 a.m. – 3 p.m.**

# Help Wanted!

The Holiday Bazaar Committee is looking for volunteers to help with this year's Bazaar. ATTIC TREASURES and the NEW TO YOU ROOM need help Monday, November 7 – Friday, November 11, 10 a.m. – 4 p.m., plus volunteers the day of the Bazaar to help customers, find/bag items, and take money. On Sunday, November 13 from 1–3 p.m. volunteers are needed to pack up unsold merchandise. The other sales areas need volunteers on Thursday, November 10, and especially, Friday, November 11, to help sort and price donations and display merchandise. They also need help the day of the Bazaar.

There are 3 easy ways to sign up to volunteer and/or get your questions answered:

1. Stop by the Women of Calvary Holiday Bazaar table during Sign-Up Sunday. Kathy Farrington will be available to sign up volunteers and answer questions. Sales area chairpersons will also be on hand to answer questions and to discuss help needed.
2. If you have general questions you can contact Susie Prentiss at 412-904-3288 or by email [prentiss1942@gmail.com](mailto:prentiss1942@gmail.com), or Marsha Morris (412-661-0120, ext. 111, or [secretary@calvary.org](mailto:secretary@calvary.org)).
3. To volunteer, please email Kathy Farrington, Bazaar Volunteer Coordinator, at [farringtonk@me.com](mailto:farringtonk@me.com). If you have specific questions, you can also contact the individual sales area chair or co-chair:

<b>Sales Area</b>	<b>Chair/Co-Chair</b>	<b>Phone</b>	<b>Email</b>
Attic Treasures	Judy Wootten Lyn Orr	724-733-1660 412-782-2957	<a href="mailto:wootten@windstream.net">wootten@windstream.net</a> <a href="mailto:lynreedorr@gmail.com">lynreedorr@gmail.com</a>
Baked Goods	Betty Carlson	412-731-9685	<a href="mailto:no2swede@aol.com">no2swede@aol.com</a>
Bazaar Boutique	Vanessa Sterling Laura Marchl	412-889-4248 412-363-2167	<a href="mailto:vmsterling@gmail.com">vmsterling@gmail.com</a> <a href="mailto:laura.marchl@yahoo.com">laura.marchl@yahoo.com</a>
Calvary Café	Aileen Keyes	412-244-0821	<a href="mailto:aileenkeyes@verizon.net">aileenkeyes@verizon.net</a>
Candles & Calendars	Weez-Kay Woodside	412-242-9830	<a href="mailto:weezkay@aol.com">weezkay@aol.com</a>
Fine Linens	Margie Muldoon	412-362-1780	<a href="mailto:margiemuldoon@msn.com">margiemuldoon@msn.com</a>
Gourmet Foods	Maria Thomas Burgwin	412-361-7277	<a href="mailto:maria.burgwin@gmail.com">maria.burgwin@gmail.com</a>
Handmade Items	Nancy Carpenter	412-242-5958	<a href="mailto:ngcarpenter@hotmail.com">ngcarpenter@hotmail.com</a>
Jewelry	Liz Exler	412-921-8165	<a href="mailto:elizabethexl@msn.com">elizabethexl@msn.com</a>
Nature's Gifts	Diane Styles	412-343-2067	<a href="mailto:dianestyles@yahoo.com">dianestyles@yahoo.com</a>
New to You Room	Barbara Hicks	412-242-1469	<a href="mailto:barbleeh@verizon.net">barbleeh@verizon.net</a>
Silent Auction	Sandy Ekstrom	412-621-3667	<a href="mailto:sandyeks@verizon.net">sandyeks@verizon.net</a>

**Please continue gathering Bazaar donations and deliver to the church  
Sunday, November 7 through Friday, November 11.  
*Attic Treasures and New to You donations  
need to be delivered by Noon on Thursday, November 10.***

# Blessing of the Animals: Sunday, October 9, 2016



# CROP Walk: Sunday, October 9, 2016



# The Choir of Men and Boys

Hereford Cathedral, United Kingdom



In Concert at Calvary Episcopal Church  
**Saturday, October 22, at 8 p.m.**  
315 Shady Ave. at Walnut St., East Liberty

Order Tickets Online: [www.calvarypgh.org](http://www.calvarypgh.org)  
or purchase at the door [cash or check payments only]

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**Sunday, October 23**  
at St. Andrew's Episcopal Church  
5801 Hampton Street, Highland Park

**11 a.m. – Choral Holy Communion**  
**3:30 p.m. – Choral Evensong**  
*sung by the Hereford Cathedral Choir*



# SACRED CONVERSATIONS ON RACE

Join us as we take the first steps toward dismantling structural racism through conversation and working for justice. Discussions will be facilitated by members of the Pennsylvania Interfaith Impact Network (PIIN) and are designed to provide a safe space to discuss the race and racism in our country and in our communities. We will reflect on our experiences, challenge one another to expand our own levels of personal awareness, and ultimately, take action.

The discussion will continue  
at Calvary Church on  
**Monday, October 17**  
and  
**Monday, November 21**  
in the Refectory  
6:30 p.m. – 8:30 p.m.  
(following the 6 p.m. Eucharist)

For more information,  
please contact  
**Bob King**  
([rking52717@aol.com](mailto:rking52717@aol.com))  
or **Steve Shandor** ([steve.shandor@gmail.com](mailto:steve.shandor@gmail.com))  
or visit  
<http://bit.ly/SacredConvos>



Flavorful Teas served with tasty scones, creams, hardy finger sandwiches, and delicious desserts.

Come see the latest in fall fashions presented through the Dress Barn, Robinson Twp.

WIN! WIN! WIN!  
Chinese Baskets,  
50/50 Raffle,  
Door Prizes

**SAT., OCT. 22,**  
**1:00 (DOORS OPEN 12:15)**  
**AUTUMN TEA @**  
**ATONEMENT**

Spend this Saturday afternoon with us in a dining room filled with fine china and savor the delicious tastes of homemade crumpets while enjoying a fall fashion show. Tickets are \$25.00 each. **Advanced ticket sales only.** Call Bonnie @ 724-693-2660 to reserve your tickets before Oct. 15<sup>th</sup>. Invite your family and friends. Let's all have fun!

[www.atonementcarnegie.org](http://www.atonementcarnegie.org)

**CHURCH OF THE  
ATONEMENT**

618 Washington Ave.  
Carnegie

**ADVANCED  
TICKET  
SALES  
ONLY**

Respectfully submitted by  
G. F. Roth, *Junior Warden*

## About the House

*Being a presentation for your perusal of those seemingly mundane housekeeping chores, repairs, modifications, and improvements which affect our worship and parish life experiences at Calvary.*

- The playground fence, partially crushed by a storm related falling tree limb, has now been repaired.
- The promised panel displaying the poetry of former Rector Samuel Shoemaker has been mounted in the Narthex quite near the open door that he espoused. Thanks to the current Rector for the idea, to the music department for the panel (which is a part of the old organ console), to Ken Smith for the printed material, and to the sextons for a firm installation.
- Our present organ, recently plagued by parts failures caused by errant electrical impulses, is now fully functional. There is the possibility of replacing the control wiring with optical fiber which would not be as subject to this all-too-frequent damage, but that is in the expensive future.
- Rough estimates have been submitted for lighting improvements in the Nave. That, too, could prove very expensive. In the meantime the sextons are experimenting with several ideas to better spread the illumination that we already have.
- The Architectural History Committee met with John Kelly, who last year restored four of our narthex history windows, for an update on a proposal for continuing maintenance and restoration of other windows in the church. Although such a regimen for upkeep was last laid out in 2009, it has never been implemented due to cost and tight budgets.
- Does anyone else discern a theme in the last three bullet points? (\$!)
- Systems necessary for a safe, warm, and dry fall/winter season, including boilers and roofs have been through their annual check-ups. All seems well. That's a good thing since the Old and New Farmers' Almanacs seem to have contradicting predictions about what to expect. Consider the plethora of building uses: Worship, education, community programs, the arts, church and diocesan meetings, it is best to prepare for any eventuality. ■

## Coffee Hours

**Hosts are needed** for the coffee hour and social gathering after the 11 o'clock service. Consider hosting a Sunday to mark a special occasion, honoring a particular event or person or asking your group or organization. Please contact Judy Wootten at 724.733.1660 (wootten@windstream.net) to schedule a Sunday, or signup in the Parish Hall. ■

## Pittsburgh East CROP Hunger Walk

Thanks to all of you who walked with Team Calvary on Sunday, October 9. The Rev. Jonathon Jensen participated and also blessed the dogs that were with us. We started at South Avenue United Methodist Church in Wilkinsburg, and walked along Penn Ave., South Dallas, Wilkins, Beechwood Blvd., and Forbes Ave. to The Church of the Redeemer in Squirell Hill for a water stop before returning to Wilkinsburg. It was a great day for being outside. To everyone who signed up participated: You are the best!

We have already exceeded our \$4000 goal for the CROP Hunger Walk. Kudos to all of you. And this doesn't include the envelopes that are still outstanding. Please get them back to me by the end of the month. You may leave them in the Outreach mailbox in the workroom next to the bookstore. But don't let this keep you from soliciting more donations as "bragging rights" for having participated in the walk.

I am very grateful to you my Calvary friends for your dedication and support of this important ministry. Every penny makes a significant difference towards ending the suffering of hunger.

God be with you!

—Colleen Sari ■

*(We had 107 human walkers and 4 gorgeous dogs participating. Pictures have been posted on the Calvary website, [www.calvarypgh.org](http://www.calvarypgh.org))*

## "Willa Cather and Pittsburgh's East End: A New Life in a Purely Commercial Town"

During her 10-year stay in Pittsburgh, Willa Cather was associated with a number of houses and other buildings while working as a writer, editor and teacher from 1896 to 1906. The very first of the houses, the one where Cather landed when she came to Pittsburgh from Nebraska, is a three-story brick townhouse at 6338 Marchand St., Shadyside. It was the home of her employer, James Wickliffe Axtell, who hired Cather as managing editor of his new magazine, *The Home Monthly*. Absent Axtell, it's unlikely Cather would have begun her career here – a happy accident her Pittsburgh fans treasure.



Free and open to the public, join The East Liberty Valley Historical Society, of which Calvary is a member, on **Friday, November 4 at 7:30 p.m.** in Room 234 at East Liberty Presbyterian Church.

The presenter will be James A. Jaap, Ph.D., author and senior instructor of English, Penn State Greater Allegheny. ■

# CHRISTIAN FORMATION

Children and youth formation classes are off to a great start, led by a wonderful group of teachers:

**Pre-K through Grade 4:** Betsy Holden, Kristin Klingenberg, Isabella Victoria, and Claire Mazur

**Music with Pre-K-4:** Sue Jones

**Grades 5 and 6:** Steve Kinsel and Pamela Abdalla

**Grades 7 and 8:** Trudy O’Nan and Kelli Burgess

**High School:** PJ Williamson and Greg Norton

Formation classes are open to all children and youth, and it’s never too late to join in! For more information, please contact me, or simply come to one of the meeting spaces at 10 a.m. any Sunday.

–Susan Roth, Coordinator for Christian Formation  
412.661.0120 ext. 116, [sroth@calvarypgh.org](mailto:sroth@calvarypgh.org) ■



Sundays at 10 a.m.

The Adult Forum is an opportunity for us to deepen our knowledge and our understanding of Christian life, to learn how to love God and to serve our neighbors. A broad range of presentations invites us to reflect on topics such as prayer and spirituality, theology, social justice, worship and sacraments.

## **Sunday, October 16 – Exploring Ministries at Calvary**

Calvary is home to a wealth of thriving groups and organizations, serving a variety of needs and interests in our parish and in our local community. This time is an opportunity to explore the many and diverse ways to be involved in our community’s life and outreach. Members of these various organizations and displays with information about their purposes and efforts will be located throughout the Parish Hall and Refectory. All are invited to learn about and join in the opportunities for service, involvement, and community these ministries create and sustain.

## **Sunday, October 23 – To Be Announced**

## **Sunday, October 30 – A New/Old Requiem**

The music for this year’s Commemoration of All Souls, on Friday, November 4, is a seldom-heard setting of the Requiem Mass by a seventeenth-century Austro-Bohemian composer, Heinrich Ignaz Franz Biber. In this forum, Alan Lewis explores the lush and glorious music of this piece, and the Imperial context that inspired it, in preparation for the following Friday’s musical liturgy.

## **Sunday, November 6 – Creating a Rule of Life**

Monastic wisdom had much to offer us in our efforts to lead

balanced, spiritually grounded lives. Informed by the work of the brothers of the Society of St. John the Evangelist, Leslie Reimer will look at how individuals can create and use a rule of life.

## **Sunday, November 13 – Intercessory Prayer**

Bishop Rob O’Neill wrote these words on the significance of praying for the needs of others and of the world: “The greatest gift we have to offer one another is indeed our collective prayer – not merely kind wishes, not simply good intentions, but deep prayer – the ability to hold, tangibly and intentionally, others in that abundant love that flows freely and gracefully within us and among us.” Leslie Reimer will consider what it means to pray for others, and how we shape our intercessions here at Calvary Church.

## **Sunday, November 20 – Paying Attention: Prayer and the Poems of Mary Oliver**

Poet Mary Oliver invites readers into the stillness of a careful encounter with nature, and into the depths of human experience. Leslie Reimer will explore the insights into prayer expressed in Oliver’s poems. No advance reading required. ■



## **The Rev. Becca Stevens**

[thistlefarms.org](http://thistlefarms.org)

Sponsored by the Episcopal Church Women  
Diocese of Pittsburgh

**Trinity Cathedral**

**Saturday, October 16, 2016**

**11 a.m. - 2 p.m.**

**Registration is now open for the event at**

**<http://www.episcopalpgh.org/stevens/>**

Becca Stevens founded Thistle Farms, a residential community for women healing from prostitution, trafficking and addiction, who together built a million dollar business making bath and body care products. Hear stories of transformation in Becca’s community and in our own. ■



Please remember  
Calvary Church  
in your will.





Please look for dry soup mixes and many varieties of frozen soups that will be available for purchase at Calvary's Holiday Bazaar. In preparation for this

event the Soup Group will meet on Friday, October 21 AND Friday, October 28 in Calvary's kitchen at 10 a.m. We will not cook as a group in November, but we are scheduled to cook on Friday, December 2. New cooks and recipes are welcome at both cooking sessions.

Any questions? Please contact Adele Eley at Adele.eley@gmail.com, 412.371.6921. ■

## CALVARY YOUNG ADULT MINISTRY

**Tuesday, October 18 – 5:30 p.m. –**

Holy Happy Hour at  
Industry Public House, 4305 Butler St.

**Sunday, October 30 – 12:45 p.m. –**

Brunch at Mad Mex, 220 S Highland Ave.

**Wednesday, November 16 – 5:30 p.m. –**

Holy Happy Hour at The Yard Gastropub, 736 Bellefonte

**Saturday, December 3 – 8 a.m. –**

Off the Floor, meet at Calvary

**Sunday, December 4 – 12:45 p.m. –**

Brunch at Panera Bakery Square, 136 Bakery Square Blvd.

**Friday, December 16 – 7 p.m. –**

Yule Ball, in the Refectory at Calvary

**Questions?** Please contact The Rev. T.J. Freeman at 412.661.0120 ext. 112, or tjfreeman@calvarypgh.org ■

## Sheldon Calvary Camp Worship in Pittsburgh



The Camp service at Calvary Church is held on the fourth Sunday of the month at 3 p.m. in the Refectory. We will be singing songs from the camp songbook. All are welcome – campers, families, staff, alumni, and friends. Please join us and spread the good news. Plan ahead for these dates in 2016:

**October 23 • November 27**

We hope to see you at Calvary Church! ■

[www.calvarypgh.org](http://www.calvarypgh.org)

The Women of Calvary

## 2016 HOLIDAY BAZAAR

Saturday, November 12

10 a.m. to 3 p.m.

Every day we see news stories of interpersonal violence, addiction and individuals struggling with homelessness and other difficult situations. It's heartbreaking. The needs are great but our individual resources to help are limited. What can we, as Christians, do to help? For the past 57 years, the Women of Calvary has held the annual Holiday Bazaar to raise funds to help deserving East End community organizations working to help those in need. The net profit from the 2015 Holiday Bazaar was \$26,500. Thirteen organizations received grant awards in 2015:

Court Appointed Special Advocates (CASA)

Good Grief Center

East End Cooperative Ministry

Holy Cross Episcopal Church

Homeless Children's Education Fund

Jeremiah's Place

Off the Floor Pittsburgh

Jubilee Association

Pittsburgh Pastoral Institute

Shepherd Wellness Community

Pittsburgh Weil School

St. Stephen's Neighborhood Youth Outreach Program

Calvary Clergy Discretionary Fund

You can play an important role in raising more funds than ever for these important non-profits in 2016. We invite you to donate your creativity, time, talents and goods to make this year's Holiday Bazaar a great success! ■

## A Commemoration of All the Faithful Departed

At the *Requiem* on **Friday, November 4, 2016** we will remember all the persons who have died during the last twelve months. However, we would be pleased to remember, by name, any other persons, friends, or relatives who have died. Please fill out the form below and drop it in the offering plate, or return it to the Parish office no later than October 31, 2016. You may also email names directly to Weezie Wells at lwells@calvarypgh.org.

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Please give us your name and phone number in case we need to contact you: \_\_\_\_\_



## Time Change

Please remember to “fall back” on Sunday, November 6. Daylight saving time ends at 2 a.m. that morning. We will all have an extra hour of sleep before celebrating All Saints’ Sunday together. ■

## Flower Memorials

Help us keep the church in full bloom by donating flowers in memory of, or in honor of, someone special. If you would like to place a memorial listing, please contact Marsha Morris in the church office at 412.661.0120, ext. 111. ■

# CALVARY

EPISCOPAL CHURCH

315 Shady Avenue ■ Pittsburgh, Pennsylvania 15206  
telephone: 412.661.0120 ■ facsimile: 412.661.6077  
email: calvary@calvarypgh.org ■ www.calvarypgh.org

The Reverend Jonathon W. Jensen, *Rector*  
The Reverend Leslie G. Reimer, *Senior Associate Rector*  
The Reverend T.J. Freeman, *Associate Rector*  
The Reverend Carol Henley, *Assisting Priest*  
The Reverend Ruth Bosch Becker, *Assisting Pastor*  
Dr. Alan Lewis, *Director of Music*  
Zacchaeus Lock, *Organ Scholar*  
Richard Shafer, *Senior Warden*  
G. Frederic Roth, *Junior Warden*  
Robert Eley, *Treasurer*  
Susan Roth, *Coordinator for Christian Formation*  
Lynda Kennedy, *Director of Finance*  
Ann Martino, *Director, Beginnings*  
Louise Wells, *Events Coordinator*  
Kenneth Smith, *Director of Communications*  
Jeff Rutkowski, *Head Sexton*  
Andrea Edwards, Dave Farren, Ron Johnston,  
James Knight, Tim Martin, *Sextons*  
Marsha Morris, *Parish Secretary*

## The Calvary Calendar

### Monday, October 17

6:30 p.m. A Sacred Conversation (PIIN)

### Thursday, October 20

6 p.m. Beginnings Open House

### Friday, October 21

7:30 p.m. Zacchaeus Lock in recital

### Saturday, October 22

8 p.m. Hereford Cathedral Choir in Concert

### Sunday, October 23

3 p.m. A Calvary Camp Eucharist

### Monday, October 24

6:30 p.m. Vestry Dinner and Meeting\*

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### Tuesday, November 1 – All Saints’ Day

6 p.m. Holy Eucharist  
(in the Lady Chapel)



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### Friday, November 4

Diocesan Convention at St. Paul’s, Mt. Lebanon

7:30 p.m. *Requiem*

### Saturday, November 5

Diocesan Convention at St. Paul’s, Mt. Lebanon

10 a.m. Peanut Butter & Jam Concert

11:30 a.m. Peanut Butter & Jam Concert

### Sunday, November 6

11 a.m. Holy Baptism

### Tuesday, November 8

7 p.m. Coventry Circle

### Saturday, November 12

10 a.m. WoC Holiday Bazaar

5:30 p.m. Shelter Dinner Preparation  
(at Community House)

### Monday, November 14

6:30 p.m. Parish Council Dinner and Meeting

### Sunday, November 20

Dedication of Pledges Sunday

### Thursday, November 24

9:30 a.m. Thanksgiving Day Worship

\*To make reservations for starred events, for which a meal is being prepared, please telephone the church office, 412.661.0120, extension 140.

A complete calendar with all day to day events is available on the Calvary website: [www.calvarypgh.org](http://www.calvarypgh.org) ■

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An expanded version of this issue of *Agape*, with color photos and additional content may be viewed on the Calvary website at [www.calvarypgh.org](http://www.calvarypgh.org)